

# December 2017 Senior Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
 <p>Funding through: Fresno-Madera Area Agency on Aging            All meals include Low Fat Milk            Senior Suggested Donation: \$1.50 Non-Senior Rate: \$4.40</p> <p> <b>High Sodium Meal</b>  <b>Menu Subject To Change Without Notice</b></p> 				1
4	5	6	7	8
Salisbury Steak W/Gravy Baked Potato Wheat Bread Pineapple Bits	 Salami & Cheese Sandwich on Wheat Bread Vegetable Soup Orange	Spaghetti W/Meat Sauce Hi C Salad Diced Peaches	Italian Chicken Thigh Mixed Vegetables Wheat Bread Applesauce	Sweet & Sour Pork Brown Rice Broccoli Normandy Diced Pears
11	12	13	14	15
 Hot Dog Chili Beans Sliced Apples	BBQ Chicken Thigh Baked Sweet Potato Hi C Salad Wheat Bread Pineapple Bits	Meatloaf W/Gravy Mixed Vegetables Mashed Potatoes Wheat Roll Mixed Fruit	Bean & Cheese Burrito Tossed Salad Diced Peaches	Breaded Chicken Sandwich Potato Salad Tropical Fruit
18	19	20	21	22
Breaded Chicken Drumstick Mixed Vegetables Wheat Bread Applesauce	Rigatoni W/Meat Sauce Hi C Salad French Bread Raisins	Tuna Sandwich on Wheat Bread Minestrone Soup Tropical Fruit	Turkey Pot Roast Corn Bread Stuffing Sweet Potato Mixed Fruit Oatmeal Cookies	Enchilada Casserole Cucumber Salad Fruited Jello
25	26	27	28	29
<i>Merry Christmas</i> 	Chili Verde Flour Tortilla Refried Beans Tropical Fruit	 Macaroni & Cheese Broccoli Normandy Pineapple Bits Pudding	Cheeseburger Potato Wedges Sliced Apples	Chicken Bow Tie Pasta Salad W/Carrots French Bread Mixed Fruit