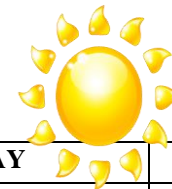


AUGUST 2018 SENIOR MENU



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 Breaded Fish Salad W/Broccoli Dinner Roll Diced Peaches	2 Chicken Fettuccini Alfredo Hi C Salad French Bread Diced Pears	3 Polish Sausage Dog W/Onions & Peppers  Pickled Beets Sliced Apples
6 Breaded Chicken Drumstick Vegetable Medley Wheat Bread Applesauce	7 Spaghetti W/Meatsauce Hi C Salad Diced Peaches	8 Tuna Salad Sandwich Vegetable Soup Orange	9 Salisbury Steak W/Gravy Baked Potato Wheat Bread Pineapple Tidbits	10 Cheeseburger Chili Beans Tropical Fruit
13 Cheese Lasagna Peas & Carrots Wheat Bread Tropical Fruit	14 Rib-B-Q Sandwich Coleslaw Diced Peaches	15 Breaded Chicken & Cheese Sandwich Potato Soup Sliced Apples	16 Meatloaf W/Gravy Mashed Potatoes Mixed Vegetables Wheat Roll Mixed Fruit	17 Chicken Fettuccini Alfredo Hi C Salad French Bread Pineapple Bits
20 Chicken Thigh w/Mushroom Sauce Mixed Vegetables Wheat Bread Applesauce	21 Turkey & Cheese Sandwich  Pickled Beets Tropical Fruit	22 Swiss Beef Patty Mashed Potato Tossed Salad Wheat Bread Apricots	23 Chicken Bowtie W/Pesto Sauce Hi C Salad French Bread Raisins	24 Enchilada Casserole Corn Fruited Jell-O
27 Macaroni & Cheese Broccoli Normandy  Pineapple Bits Lemon Pudding	28 Chili Verde Refried Beans Flour Tortilla Tropical Fruit	29 Cheeseburger Pork & Beans Sliced Apples	30 Beef Stroganoff Mixed Vegetables French Bread Mixed Fruit	31 Beef & Vegetable Stew Brown Rice Hi C Salad Diced Peaches

Funding through: Fresno-Madera Agency on Aging

All meals include low fat milk

Suggested donation \$2.50

Non Senior Rate \$ 5.10

Menu is Subject to Change Without Notice



High Sodium Meal